

Ready to Quit Tobacco!

Let Us Help!!!

Great American Smoke Out

Thursday

Wilson Student Union

11/15/2018

Noon-1:30pm

- Free Food and Music
- **Drawing for iPad Giveaway!** (12:30)
- Logo Design Contest Kickoff!
- Information on **FREE** quit services
- Tips & Techniques for conquering Nicotine Cravings!
- Let us help you plan your Quit date!

Sponsored by the Tobacco-Free Yellow Jackets