

ACADEMIC COURSE SEQUENCE

Wellness Education (PreK-Adult)

FIRST SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 200: FOUNDATIONS OF EDUCATION	3		Disposition Assessment, A-5 Praxis I Requirements, PDU
		HHP 150: INTRODUCTION TO HHP	3		
		GEN. ED 101: FIRST YEAR EXPERIENCE	3		
		ENGLISH 101: ENGLISH COMPOSITION I	3	ACT-18 /SAT-450	
		BIOLOGY 101: PRINCIPLES OF BIOLOGY	4		Sci. Reasoning Requirement
		ART 101, MUSIC 107 or COMM 170 (ARTS)	3		Gen. Ed. Requirement
		TOTAL	19		
SECOND SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 201: HUMAN GROWTH AND DEVELOPMENT	3	EDUC 200 with grade of C or higher	15 hrs. Field Experience Meet Class Requirements for Praxis I; PDU's and A-5
		MATH 111: MATH FOR LIBERAL ARTS OR MATH 120 College Algebra	3	ACT Math - 19	
		HHP 399 FUNCTIONAL ANATOMY or BIOLOGY 210 (Basic Anatomy and Physiology)	4		Preferred Course: Functional Anatomy
		ENGLISH 102: ENGLISH COMPOSITION II	3	ENG 101	
		HHP 252: Emergency Health Care (Spring Only)	3		
		HHP 242: Team Sports	3		Gen. Ed. Requirement
		TOTAL	19		
THIRD SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 202: EDUCATIONAL PSYCHOLOGY AND LEARNING (Must apply for candidacy with passing scores on Praxis I or exemption by ACT or SAT scores) DEADLINES: October 1 to be admitted during the Spring Semester March 1 to be admitted during the Fall Semester	3	EDUC 201 with grade of C or higher	15 hrs. Field Experience Meet Class Requirements for Praxis I; PDU's and A-5
		HHP 225: BIOMECHANICS (Fall Only)	3	HHP 399 or BIO 210	
		HISTORY 201 or 202: WORLD HISTORY or AMERICAN HISTORY 207 or 208	3	English 101	
		COMMUNICATIONS 100: SPEECH COMMUNICATIONS	3		
		HHP 238: METHODS OF GYMNASTICS/AEROBICS (Fall Only)	2		
		HHP 251: CONSUMER HEALTH (Fall Only)	3		
		TOTAL	17		
FOURTH SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 300: EDUCATIONAL TECHNOLOGY	3	Admission to Candidacy	
		EDUCATION 316: INTEGRATED METHODS (Must take PLT before end of semester)	4	Admission to Candidacy	Disposition Assessment 45 hrs. Field Experience
		EDUCATION 319: CONTENT AREA LITERACY	3	Concurrent with EDUC 316	30 hrs. Field Experience
		HHP 327: EXERCISE PHYSIOLOGY (Spring Only)	3		
		HHP 329: ADAPTED PE AND RECREATION (Spring Only) Replaces EDUC 227	3		
		HHP 400: EXERCISE TESTING (Spring Only)	3	HHP 327	May be taken concurrently with HHP 430
		TOTAL	19		

Pg. 1 Effective Fall Semester 2021: All candidates must complete courses as outlined on the Academic Course Sequence. All secondary candidates must meet with the Content advisor and the Education Advisor each semester before selecting and scheduling courses. NOTE: Grades lower than a "C" will not be accepted as credit for degree completion. (PW. 6.2021)

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FIFTH SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 331: CURRICULUM FOR SPECIAL EDUCATION	3	EDUC 316	30 hrs. Field Experience
		HHP 359: METHODS OF HEALTH EDUCATION (Fall Only)	3	EDUC 316	
		G ED Natural Science: See page 3 for course selections.	3/4		Gen. Ed. Requirement
		HHP 454: THEORY IN HEALTH EDUCATION (Fall Only)	3		HHP 454 AND 456 SHOULD BE TAKEN DURING THE SAME SEMESTER.
		HHP 456: METHODS AND STRATEGIES IN HEALTH EDUCATION AND PROMOTION (Fall Only)	3	EDUC 316	HHP 454 AND 456 SHOULD BE TAKEN DURING THE SAME SEMESTER.
		TOTAL	15-16		
SIXTH SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		HHP 340: ENERGY SOURCE AND BODY COMPOSITION (Spring Only)	3	BIO 210 and HHP 327	Can be concurrent with HHP 327
		HHP 446: METHODS OF ELEMENTARY AND MIDDLE SCHOOL PE (Spring Only)	3	EDUC 316	
		HHP 352: COMMUNITY HEALTH (Spring Only)	3		
		HHP 341: INDIVIDUAL AND DUAL SPORTS	3		
		ART 100, COMMUNICATION 140 or MUSIC 104	3		Gen. Ed. Requirement (Humanities)
		TOTAL	15		Must apply for admission to CAPSTONE DEADLINES October 1 (Fall Semester) March 1 (Spring Semester)
SEVENTH SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 299: RESIDENCY I (COMPLETION OF A MINIMUM OF 14 WEEKS AND COMPLETION OF A MINIMUM OF 250 HOURS FIELD EXPERIENCE)	9		Daily participation in assigned classroom with Cooperating Resident Teacher
		EDUCATION 426: CREATING LEARNING ENVIRONMENTS	3	Full Admission to Capstone Phase	50 hrs. Field Experience
		TOTAL	12		
EIGHTH SEMESTER					
Grade	Sem.	Course	Credit Hours	Prerequisites	Additional Requirements
		EDUCATION 480: RESIDENCY II – REQUIRES COMPLETION OF A MINIMUM OF 14 WEEKS AND 500 HOURS.	15		Passing scores on Praxis Content Minimum 14 Weeks Minimum 500 hours
					Only three-hour credit course may be taken during Residency II. It must be an evening course and may not be scheduled during the hours in which the residency occurs.
		TOTAL	15		

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General Education Requirements
(REV. A. 2021)
Wellness Education (Pre-K – Adult)

Name _____ A# _____

Home Address _____

Cell Phone _____ WVSU Email _____

Education Advisor _____ Content Advisor _____

ARTS (3 credits)	HUMANITIES (3 credits)
Art 101: Studio I – Introduction to Art Comm 170: The Art of the Theater Music 107: Appreciation of Music	Art 100: Art Appreciation Comm 140: Film Appreciation Music 104: American Music: A Panorama
INTERNATIONAL PERSPECTIVES (3 credits)	HISTORY (3 credits)
Education 319: Content Area Literacy	History 201 or 202 (World History) History 207 (American History to 1865) History 208 (American History from 1865)
SOCIAL SCIENCE (3 credits)	WELLNESS (2-3 credits)
Education 201: Human Growth and Development	<u>HHP 242: Team Sports (3 cr.) – Recommended Course</u> HHP 122: Fitness for Living (2 cr.) HHP 157: Health Living (2 cr.)
NATURAL SCIENCE (3-4 credits)	SCIENTIFIC REASONING (3-4 credits)
*Biology 101: Principles of Biology (4 cr.) Biology 101H: Principles of Biology-Honors (4 cr.) Biology 108: Environmental Biology (4 cr.) Biology 110: Economic Biology (4 cr.) Biology 120: Fundamentals of Biology (4 cr.) Chemistry 100: Consumer Chemistry (3 cr.) Chemistry 100H: Consumer Chemistry-Honors (3 cr.) Physics 101: Physical Science Survey I (3 cr.) Physics 102: Physical Science Survey II (3 cr.) Physics 103: Elements of Physical Science (3 cr.) Physics 106: Introduction to Physical Geology (4 cr.) Physics 107: Historical Geology (4 cr.) Physics 110: Weather and Climate (4 cr.) Physics 111: Energy and the Environment (4 cr.) Physics 120: Astronomy (3 cr.) Physics 121: Astronomy Lab (1 cr.)	*Biology 101: Principles of Biology (4 cr.) Biology 101H: Principles of Biology-Honors (4 cr.) Biology 108: Environmental Biology (4 cr.) Biology 110: Economic Biology (4 cr.) Biology 120: Fundamentals of Biology (4 cr.) Chemistry 100: Consumer Chemistry (3 cr.) Chemistry 100H: Consumer Chemistry-Honors (3 cr.) Physics 101: Physical Science Survey I (3 cr.) Physics 102: Physical Science Survey II (3 cr.) Physics 103: Elements of Physical Science (3 cr.) Physics 106: Introduction to Physical Geology (4 cr.) Physics 107: Historical Geology (4 cr.) Physics 110: Weather and Climate (4 cr.) Physics 111: Energy and the Environment (4 cr.) Physics 120: Astronomy (3 cr.) Physics 121: Astronomy Lab (1 cr.)

***Asterisk denotes the recommended course for science.**

Note: Courses taken for Scientific Reasoning and Natural Science must be different.