



WEST VIRGINIA STATE  
UNIVERSITY

Find *Your* Passion.

## The Four Year Career Planning Guide

### Sophomore – 30-59 credit hours - EXPLORE

- Get involved to build your skills by participating in college organizations, clubs, honor societies and community activities. Attend special campus programs and lectures
- Conduct information interviews and/or follow a professional (on twitter) who is working in a field that interests you
- Choose a major and learn your career options available within your major
- Begin networking; get to know class mates, attend career related programs such as career fairs and Employer of the Week; begin to develop a list of all contacts
- Explore through research internships, co-operative education, volunteer and work related experiences
- Begin to review your digital footprint (through all the social media outlets) by googling yourself; clean up your pages as well as your comments/posts to make sure they are suitable for viewing by employers and/or other professionals.